

EÖTVÖS LORÁND UNIVERSITY
TALENT SUPPORT COUNCIL



Trip Report – ECP 2025 Conference, Paphos, Cyprus

Metz, Chiara Amira

Faculty of Education and Psychology, Institute of psychology

chiarametz@yahoo.com

Between July 1–4, 2025, I had the opportunity to attend the European Congress of Psychology (ECP 2025), held at the Coral Beach Resort in Paphos, Cyprus. With approximately 1,000 participants from across the globe, the conference served as a vibrant platform for academic exchange, professional development, and intercultural dialogue.

As part of the conference, I contributed an e-poster presentation titled "Cradled by complexity: Exploring developmental vulnerabilities in premature infants," in collaboration with fellow students and professor (Dr. Anett Nagy) at the university, and colleagues of the Semmelweis University. Our research examined cognitive, motor, and language outcomes in premature born children. Due to a change in format, e-posters were not presented live but instead submitted as pre-recorded video presentations accessible through the official conference app, where attendees could view, comment, and initiate discussions. My abstract was published in the ECP 2025 Abstract Book, which is publicly available via DOI: <https://doi.org/10.1024/2673-8627/a000085>. Sharing my work in this format allowed for meaningful feedback and engagement with researchers from around the world and was a valuable experience in presenting research through a digital academic platform.

Throughout the event, I attended a wide variety of sessions, including several workshops such as:

- RTM Protocol as a Breakthrough Treatment for Trauma-Related Conditions
- Child-friendly Pretrial Preparations: Games, Delivery Models and Custom Training
- Life Skills Training for Young Adults' Well-Being
- Integrating and Extending Psychological Treatment Using Digital Mental Health Apps
- The TEMAS Narrative Trauma Therapy: Multicultural Clinical Techniques and Research
- Research and Practice on Improving the Interviewing of Suspects
- Navigating Inner Compass: Steering Life Through Inner Guidance and Spiritual Well-being

The conference also featured engaging symposiums, paper presentations, and roundtable discussions. I was especially inspired by talks from prominent researchers such as Dr. James Bay

(Houston), Dr. Ray Bull (Leicester), and Dr. Eirini Flouri (London), whose work provided valuable insights and sparked new ideas for my own academic path.

Beyond academic content, ECP 2025 fostered meaningful personal and professional connections. I had the chance to meet passionate and dedicated individuals from diverse cultural and professional backgrounds, many of whom I hope to stay in contact with. The conference hosted two social events—an opening gathering at the resort and a beach-side celebration with live music, traditional Cypriot dancers, and local cuisine. Additionally, I joined a sightseeing tour that allowed us to explore the island's rich cultural and natural heritage.

This experience was deeply impactful for me both academically and personally. I am grateful for the partial funding provided by my university, which enabled me to attend such an inspiring and informative event. I look forward to applying what I've learned to my ongoing work in psychology and to participating in future conferences of this caliber.



KiPSy Tool for children: Pretrial Preparations



Paper presentation about Fall prevention

