

Research Visit Report

University of Helsinki – Teaching and Research Center, Finland

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I recently undertook a research visit to the University of Helsinki's Teaching and Research Center in Finland. This visit marked an important milestone in my PhD journey, both in terms of my academic development and the progress of my doctoral research.

The primary purpose of the visit was to collaborate closely with professors at the University of Helsinki, who originally developed the research instrument I am using in my study. Due to the complexity of the data and the methodological requirements of the analysis, it was essential to conduct the interpretation in partnership with the original developers. During the visit, we engaged in a series of data analysis sessions using various software tools, carried out joint interpretations, and held in-depth discussions on preliminary findings. We also planned the next steps of the research, including revising the instrument for future studies and drafting reports based on the current results.

In addition to the research component, I was honored to be invited to observe and participate in various teaching sessions at the university. These experiences significantly enriched my understanding of international teaching practices and helped me strengthen my competencies as a teacher and early career researcher in a global academic environment.

This research trip has had a profound impact on the direction and quality of my PhD project. It has not only strengthened my analytical skills and deepened my understanding of the instrument, but also contributed meaningfully to my academic and professional growth.

I sincerely appreciate the support that made this valuable experience possible.



