



Report form

Name of Traveller:	Dana Katz
Aim of Travel:	10th International Conference on Behavioral Addictions
Place of activity:	Nantes, France
Date of activity:	7 – 8 – 9 July 2025

How did you carry out the professional plans, how did the applied activity support the applicant's professional/scientific development and how had the applied activity support/contribute to the department's/institute's/faculty's/ELTE's professional-scientific-academic activity?

My name is Dana Katz, and I am a PhD candidate in the Clinical Psychology and Addiction Science department, as well as a member of the Addiction Research Group. I recently had the opportunity to attend the ICBA conference, where I presented my research titled “The Interplay Between Gaming Disorder Symptoms, Escapism, and Depression Symptoms: A Longitudinal Study of Adolescents.”

At the conference, I delivered my own presentation, co-authored another, and chaired a session titled “Video Gaming: Psychological Correlates.” It was a pleasure to connect with colleagues in person and share both my completed and ongoing work on video games and gaming disorder. The experience was enriching. I gained valuable insights and skills, and I believe it also contributed positively to my academic reputation.

The ICBA is a major international conference focused on behavioral addictions, providing a meaningful platform for networking and collaboration. During the event, I made new connections, one of which has already proven fruitful: I invited a colleague with shared research interests to co-author a paper I am currently developing.

My presentation was well received. I responded to engaging questions from the audience, including those related to our criteria for identifying active gamers and the conceptualization of escapism in the model. These discussions sparked several follow-up conversations with attendees who were interested in my findings and future plans.

I also attended a number of inspiring talks by leading researchers on topics such as escapism in gaming, innovative treatment approaches, and personal reflections on their research trajectories some of which began at the first ICBA conference in Budapest.

I have also attended the gala dinner, which provided excellent networking opportunities in a more informal setting.

As a PhD candidate, attending this conference was a crucial step in developing the theoretical framework for my dissertation and advancing toward my publication goals. I am sincerely grateful for your support, which made this experience possible.



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Thank you once again for this opportunity.

Warm regards,

Dana Katz

Date: 21.07.2025