

PRACTICAL GUIDE

PRELIMINARY



Intercultural Staff Training
Eötvös Loránd University · Budapest

Intercultural Staff Training 2026

1 – 5 June 2026

Eötvös Loránd University (ELTE)

CONTENT

- ABOUT THE EVENT2
- VENUE.....3
- PRELIMINARY AGENDA.....5
- RECOMMENDATIONS FOR FREE TIME6
- TRAVEL.....7
 - How to get from the airport to the city7
 - Reaching your hotel by public bus and metro 7
 - Airport Shuttle Service – miniBUD..... 8
 - Taxi 8
 - Transfer from the train station8
 - Public transport in Budapest.....9
- RECOMMENDED ACCOMMODATION..... 11
- USEFUL INFORMATION..... 12
 - Where to eat?..... 12
- CONTACT..... 14

ABOUT THE EVENT

ELTE Intercultural Staff Training 2026, organized by ELTE Department of Erasmus+ and International Programmes and the Institute of Intercultural Psychology and Education (IIFE), Faculty of Education and Psychology, is targeted at **central, faculty or departmental international coordinators or other staff members** of higher education institutions (HEIs) who **work with international students and staff on a day-to-day basis** (e.g. student administration office or dormitory personnel) who have at least one year of work experience in this area. The training program aims to promote intercultural skills and competencies especially for those who engage in intercultural encounters in their everyday work and feel that they need to further develop their skills to be more successful.

The research and experience-based program gives an insight into intercultural competencies while embedding them into a broader context of intercultural sensitivity, intercultural and intergroup relations. Besides analysing the main factors of intercultural competencies and the underlying psychological mechanisms of encountering a different culture, it places a special focus on identity, introduces the close connections between culture and human interaction, provides an introduction to intercultural learning as well as to the functioning of ethnocentrism, prejudices, and stereotypes. Furthermore, the program introduces possible strategies and means of developing an intercultural perspective and increasing the efficiency of intercultural communication. The training also builds on the intercultural experiences of those who work with international students and staff in higher education.

Those who participate in the whole training receive a **Certificate of Attendance** at the end. Participants will also receive a **digital certificate about the obtained learning outcomes**.



VENUE

**Eötvös Loránd University, Faculty of Education and Psychology
Kazinczy Building (KAZY) 1075 Budapest, Kazinczy utca 23–27.**

About Budapest

Budapest boasts with rich history reflecting its own 1000-year-old culture, but also the relics of others who settled here. Suburban Buda and its historic castle district offer medieval streets and houses, museums, caves and Roman ruins. The dynamic Pest side boasts the largest parliament building in Europe, riverside promenades, flea markets, bookstores, antique stores and café houses.

About Eötvös Loránd University (ELTE)

Eötvös Loránd University (ELTE) is a prestigious institution of public higher education in Budapest, Hungary, operating continuously since 1635. As a top-ranked university in Hungary, it is the most popular higher education institution among applicants as well as alma mater of six Nobel laureates and leading figures in technology, public policy, and culture in Hungary.

Currently, about 38,000 students study at nine faculties at ELTE with about 5,300 international students from over 100 countries.

ELTE has more than 900 bilateral partnerships for cooperation and exchange. It is an active member of international university networks and involved in joint degree programs. ELTE has the highest number of members of the Hungarian Academy of Sciences which provides a truly academic atmosphere.

Website: <http://www.elte.hu/en>

About the Institute of Intercultural Psychology and Education (IIPE)

The Institute of Intercultural Psychology and Education (IIPE) was founded in September 2005 as an independent institute of the Faculty of Education and Psychology at ELTE University. The Institute is engaged in both education and interdisciplinary research. Its goal is to study multi and intercultural issues from the perspective of anthropology, psychology, education and the sociology of education, and to promote the integration of research findings into the training and education of students. It also aims to represent and implement the idea of multi and interculturalism in partnership and cooperation with other departments at ELTE, and with other Hungarian and foreign colleges, universities, other educational institutions, and NGO's. IIPE launched the first and only Master's program in Social Integration (formerly Intercultural Psychology and Education) in the region that aims to train professionals who are able to work with diverse values in a pluralistic society with their in-depth understanding and knowledge of intercultural psychology and education. Our graduates become professionals who are able to create environments that support the acceptance of different values and help to resolve inevitable conflicts effectively, as well as to capitalize on the assets of cultural diversity and intercultural interactions. IIPE's intercultural and social psychologist staff has been conducting antibias and intercultural experience-based training programs for more than two decades. One of the ongoing research projects of the IIPE addresses the psychological aspects of international mobility in higher education and the adaptation and acculturation of students studying abroad. Findings of this research are shared at the intercultural training.



PRELIMINARY AGENDA

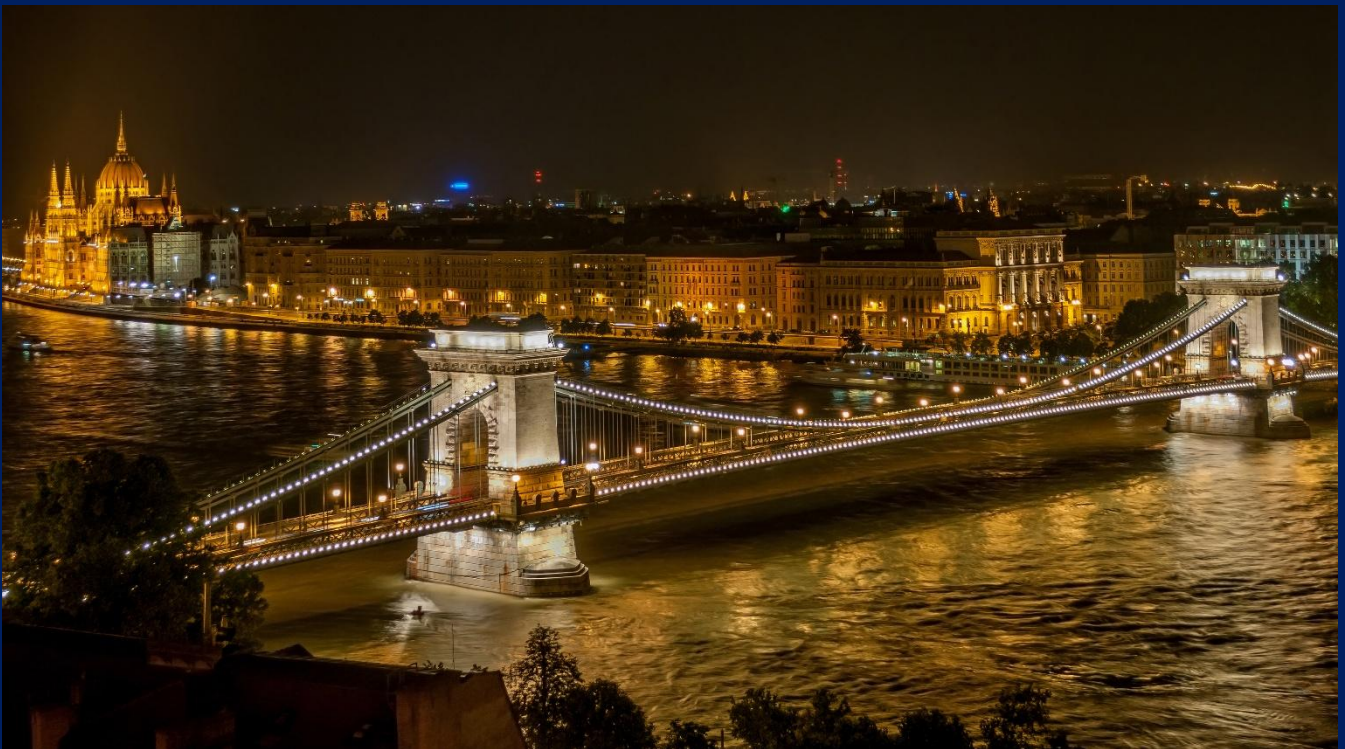
Day 1, 1st June 2026, Monday	
9.30-10.00	Arrival and registration
10.00-11.30	Training I. Introduction and getting to know each other
11.30-12.00	Coffee break
12.00-13.30	Training II. Introduction to culture's concepts and dimensions, cultural similarities and differences
13.30-14.30	Lunch break – complimentary sandwich lunch
14.30-15.30	Training III. Culture, self and identities
16.00-18.00	NGO program (TBC)
Day 2, 2nd June 2026, Tuesday	
9.00-10.30	Reflections Training IV. Intercultural conflicts (personal experiences)
10.30-11.00	Coffee break
11.00-12.30	Training V. Culture shock and cultural adaptation of sojourners, factors influencing international students' adaptation
12.30-14.00	Lunch break - self arranged
14.00-15.00	Training VI. Adaptation after returning
15.00-15:30	Coffee break
15.30-17.00	Training VII. International friendly campus
Day 3, 3rd June 2026, Wednesday	
9.00-10.30	Reflections Training VIII. Stereotypes and prejudice
10.30-11.00	Coffee break
11.00-12.30	Training IX. Gender stereotypes and gender roles
12.30-14.00	Lunch break - self arranged
14.00-15.00	Training X. Social sensitivity
16.00-18.00	Organised cultural program (TBC)
Day 4, 4th June 2026, Thursday	
9.00-10.30	Reflections Training XI. Intercultural communication
10.30-11.00	Coffee break
11.00-12.30	Training XII. Intercultural sensitivity
12.30-18.00	Meeting with <u>coordinators</u> – networking (self-arranged, optional)
18.00-22.00	Farewell dinner (location TBC)
Day 5, 5th June 2026, Friday	
9.00-10.30	Reflections Training XIII. Good practices: preparation, reception and following-up exchange students <i>You may pick up your certificate of attendance in this section.</i>
10.30-11.00	Coffee break
11.00-12.30	Training XIV. Summary and evaluation.
12.30-	Free time for cultural programs - self-arranged.

RECOMMENDATIONS FOR FREE TIME

Budapest, the capital city of Hungary is the most popular tourist destination in the country. With about 1.7 million inhabitants, Budapest provides an enjoyable and vibrant atmosphere for its visitors. This safe and student-friendly city is home of tradition and culture, and it also offers many opportunities for entertainment, a wide range of leisure activities, including trying one of the famous thermal baths.

Please check the thematic tips on our website:

<https://www.elte.hu/en/about-budapest>



TRAVEL

Budapest Ferenc Liszt International Airport serves flights to all major European destinations and Budapest, due to its central location, can also be easily reached by train, bus or car. For more information please visit:

[Budapest Ferenc Liszt International Airport](#)

[The Hungarian Railways](#)

How to get from the airport to the city

Reaching your hotel by public bus and metro

Outside the building of Liszt Ferenc International Airport Terminal 2, you'll find the stop of bus 100E and 200E. It's the terminus of the bus line.

The **bus 100E** runs night and day (every 6-15 minutes during the day, 30-40 minutes during the night) directly to Deák Ferenc tér, the journey time to the city centre is 40 minutes. It stops at Kálvin tér and Astoria as well. A special-price airport shuttle bus single ticket must be purchased for bus 100E for HUF 2,500 – *other tickets or passes are not valid for this service*. You can buy your ticket in advance in BudapestGO or directly on the bus using your contactless card with the Budapest Pay&GO service. For more information, please visit: <https://bkk.hu/en/travel-information/airport-express/>¹ (Please copy and paste the link into your browser, otherwise the link takes you to the main website when clicking on it).

From 6 a.m. to 7 p.m. the **bus 200E** runs every 10-12 minutes between the airport and Kőbánya-Kispest. Earlier and later a bit less frequently (at night 30-60 minutes). You can use a single ticket (HUF 500) or travelcard (e.g. 90-minutes ticket for HUF 850). You can find the ticket prices here: <https://bkk.hu/en/tickets-and-passes/prices/>.¹ When it arrives at the other end of the line, Kőbánya-Kispest — the journey takes about 25 minutes — get off and follow the signs to the metro station. It's the blue line or M3. Get on a train (do not worry; it is the terminus, but make sure you're taking one of the blue or white metro carriages and not a railway train as the railway station is next to the metro station) to go to the city centre (Kálvin tér or Deák Ferenc tér).

¹ Please copy and paste the link into your browser, otherwise the link takes you to the main website when clicking on it.

Airport Shuttle Service – miniBUD

The official airport shuttle service provider of Budapest Airport is **miniBUD**. For reservation and further information, check the [official website](#) or call +36-1-550-0000.

Taxi

The official taxi service provider of Budapest Airport is **Fótaxi**. Reservations can be made in person at the Fótaxi booths located at the exits of Terminals 2A and 2B. At the taxi ranks in front of the stands, taxis are continuously waiting for passengers.

Current regulations set the one-off basic fee of taxis in 1100 HUF. The tariff typically is around 440 HUF/Km.

Telephone: +36 1 222 2 222 or www.fotaxi.hu

Transfer from the train station

Budapest has three main railway stations:

- Eastern Railway Station or Keleti pályaudvar ([1087 Budapest Kerepesi út 2-4.](#))
- Western Railway Station or Nyugati pályaudvar: ([1062 Budapest, Teréz körút 55.](#))
- Southern Railway Station or Déli pályaudvar: ([1013 Budapest, Krisztina krt. 37/A](#))

Each railway station is linked to the Budapest underground system (Metro). The Southern and Eastern Railway Stations are situated at stops along metro line M2 (Red Line) and the Western Railway Station is situated on metro line M3 (Blue Line).

The event venue is located close to Astoria metro station from the Eastern and Southern Railway Station with M2 (red) metro line, and close to Kálvin tér metro station from the Western Railway station with M3 (blue) metro line.

Public transport in Budapest

In order to plan your journey to the venues from your hotel or any place in the city, we encourage you to use **BudapestGO** (<https://bkk.hu/en/tickets-and-passes/budapestgo/>², available in Apple Store and Google Play), which is a ticket and pass purchase, journey planning and traffic information in one easy-to-use application, allowing you to use digital tickets. The BudapestGO Trip Planner is also available as a website. **Google Maps** is a reliable option for planning your journey, too.

You can also check the timetables here: <https://bkk.hu/en/timetables/>²

HOW TO USE TRAVELCARDS AND PASSES

- 1** Select the start of the validity period of the travelcard or pass
- 2** Buy travelcard or pass in BudapestGO
- 3** Scan the QR code at the metro station entrance or by the door on vehicles where you must board at the front
- 4** Show the moving animation to the ticket inspector, the driver of the front-door boarding only service or the access control staff

BUDAPEST BKK

HOW TO USE TIME-BASED TICKETS

- 1** Buy a time-based ticket in BudapestGO
- 2** Scan the validation code at the first boarding
- 3** Revalidate by code scan at each transfer
- 4** Show the moving animation to the ticket inspector, the driver of the front-door boarding only service or the access control staff

BUDAPEST BKK

² Please copy and paste the link into your browser, otherwise the link takes you to the main website when clicking on it.

Buses

Budapest has more than 200 bus routes covering most inner city and suburban areas. Some routes offer an express service, indicated with an “E” following the bus number. On the main routes, services are available even during the night hours.

Metro

Currently, there are four metro lines in Budapest:

- M1 or the Yellow Line: between Vörösmarty tér and Mexikói út
- M2 or the Red Line: between Déli pályaudvar and Örs vezér tere
- M3 or the Blue Line: between Újpest Központ and Kőbánya-Kispest
- M4 or the Green Line: between Kelenföld and Keleti pályaudvar

The Yellow Line is the oldest metro line in Hungary and also in Mainland Europe. It was opened in 1896 for the Hungarian Millennium. The newest line is M4 (Green Line) that was opened in 2014. Metro services run from 4:30 until 23:30.

Taxi

You can always hail a taxi in the streets but it is cheaper to book one over the phone, online or with apps. Tourists should avoid hailing unmarked taxi cars. Even if they have a taxi sign on the roof and are seen standing at taxi ranks, do not get in the car unless they have a company name on the outside of the car. From September 2013 every taxi is uniformly yellow in Budapest.

Night buses

Budapest’s night transport is one of the best in Europe. You will find that you can get anywhere in the city by the night buses – sometimes even faster than in the daytime. Night buses usually start at midnight and run until 4:00 am every night. Night buses’ numbers start with number 9.

Note: Some night buses on very busy lines run quite often (every 10th or 15th minute), but lines running to the suburbs run only once or twice an hour.

RECOMMENDED ACCOMMODATION

Accor Hotel Chain

- [IBIS Budapest Centrum Hotel](#)*** (Ráday Street)
- [IBIS Styles Budapest City Superior](#)*** (Soroksári Street)
- [Mercure Budapest Korona Hotel](#)**** (Kálvin Square)

Danubius Hotel Chain

- [Hotel Astoria](#)**** (Kossuth Lajos Street)

*If you find these hotels too expensive, there are quite a few low-cost accommodation options in Budapest as well (e.g. Booking.com or Airbnb). When you arrange accommodation, **please make sure your room is in the close vicinity of the venue** (e.g. the 5th, 7th or 8th district). Please note that the city centre, especially the 5th district is typically noisy, during the evening as well!*

USEFUL INFORMATION

Where to eat?

We would like to recommend you a few restaurants for lunch, near to the venue of the training.

- *Kőleves*
Address: Kazinczy utca 41, 1075 Budapest
[Website](#)
- *Bors*
Address: Kazinczy utca 10, 1075 Budapest
[Website](#)
- *Garzon Café*
Address: Wesselényi utca 24, 1077 Budapest
[Website](#)
- *Street Food Karaván*
Kazinczy utca 18, 1075 Budapest
[Website](#)

You may also find restaurants in the vicinity of Kálvin tér, if you wish to go out for dinner:

- *Ruben Étterem Budapest*
Address: Magyar u. 12-14, 1053 Budapest
[Website](#)
- *Winestone Budapest Korona Restaurant*
Address: Kecskeméti u. 14, 1053 Budapest
[Website](#)
- *Véendiák étterem*
Address: Egyetem tér 5, 1053 Budapest
[Website](#)

Electricity in Hungary

Electricity in Hungary is the European standard: 220-240 V. If you are coming from a country with a different standard for electricity, you may need an adapter or a voltage converter to use your electronic devices.

Electrical sockets (outlets) in Hungary are one of the two European standard electrical socket types: The "Type C" Europlug and the "Type E" and "Type F" Schuko. If your appliance's plug doesn't match the shape of these sockets, you will need a travel plug adapter in order to plug in.

Tap water:

The tap water is potable in Hungary.

Weather during the conference:

We are expecting typical early summer weather. Warm temperature 14-29C°, sun and little rain.

No smoking indoor:

Smoking is strictly prohibited in restaurants, bars, clubs, at bus stops and in 50m area of public institutions.

Hungarian currency:

Our local currency is Forint (HUF).

1€ = 385 HUF

Official Daily Exchange Rates (CBH): <http://www.mnb.hu/en/arfolyamok>

You can pay by credit or debit card (almost) everywhere.

Local time zone:

We have Central European time zone (CET) UTC+1.

Useful Hungarian phrases

For useful Hungarian phrases, please check our homepage here: <https://www.elte.hu/en/about-hungary/hungarian-phrases>

In case of emergency:

Ambulance: 104

Police: 107

Fire Department: 105

Central ER number: 112

CONTACT

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