



ELTE EPIDEMIOLOGICAL OPERATIVE COORDINATING BODY

BRIEFING

Dear University Citizens!

First, we would like to express our gratitude and acknowledge that you, as responsible, mindful citizens, strictly follow the rules to help reducing the effects of the pandemic and prevent its spreading at the University. According to our knowledge, during classes and research work in the university buildings neither staff members, nor students were infected.

According to the anonym questionnaire started in the middle of September, each week around 50 people reported that they had positive PCR test result, about twice as many people were in official home quarantine, and so far around 100 people reported that they have recovered from COVID-19 infection. We thank those University Citizens who filled out the questionnaire, about 3500-5500 people a week. We ask you all to continue and fill out the questionnaire each week, to help our work.

Although based on the data collected from the questionnaire the picture is favorable, the epidemic keeps spreading rapidly around us. For that reason, we repeat our instructions from the beginning of the academic year, the requirements established to preserve good health. We expect each University Citizen and visitor of the University to follow these measures.

The adherence to health preservation guidelines is obligatory for all University Citizens, for the visitors of the University, and for everyone who for any reason enters into university buildings.

Obligatory absence

1. Those who are infected with coronavirus or show symptoms of the disease cannot attend university courses, events, nor enter into university buildings.

2. It is FORBIDDEN to enter into university grounds and to stay there if someone shows any typical symptoms of the new coronavirus infection, or if in the previous three days (in case they were in contact with a confirmed infected person or have been involved in a situation which could lead to a high risk of infection then in the previous ten days) they have noticed any symptoms of the following:

- **cough, shortness of breath**
- **fever (37.8 Celsius degrees or above)**
- **unusual fatigue, general muscle pain**
- **sudden lack of taste and/or smell**
- **nausea, vomiting and/or diarrhea.**

In case anyone notices such symptoms, call immediately their general practitioner and follow their orders.

3. On university grounds, it is mandatory to wear a mask covering up properly both mouth and nose, and to keep at least 1,5 m (6 feet) physical distance.

4. We would like to bring to your attention the importance of washing hands with soap frequently or using an alcoholic hand sanitizer and adherence to the coughing and sneezing ethics.

The approaching flu season

The same rules apply to the cases not caused by the coronavirus but by the approaching flu season. However, there is vaccine against seasonal flu and it will be available soon. **Based on professionals' opinion, it is recommended to be vaccinated against seasonal flu.** We would like to inform you that at the University, everything that needs to be done in connection with the vaccination will be taken care of and the staff will receive information in the newsletters.

Obligatory body temperature measuring

Higher body temperature, fever is a typical symptom of both the coronavirus disease and the seasonal flu. In accordance with the current action plan of the sector for higher education institutions, body temperature will be measured when entering the university.

People entering the university are obliged to measure their body temperature without being called out to do so on the devices set up for that purpose or with infrared thermometers. People whose body temperature is over the allowed 37.8 Celsius degrees are obliged to leave university grounds immediately.

We ask you to continue paying attention to the measures taken against the epidemics and adhere to them. We wish all University Citizens good health!

Budapest, 12th October 2020

ELTE Epidemiological Operative Coordinating Body