



ELTE EPIDEMIOLOGICAL OPERATIVE COORDINATING BODY

BRIEFING

for the individuals who return to the university from COVID-19 disease or quarantine

It is allowed to return to the university community under the conditions and by the end of duration, or after the deadline indicated in the official decree.

In the absence of an official decree, in case of suspicion of infection, it is allowed to return to the university community after an asymptomatic quarantine period of 10 days.

In case of symptomatic illness, it is allowed to return to the university community in accordance with the recommendation of the doctor, or in the absence of this recommendation if the individual has been asymptomatic for at least three (preferably five) days.

Several circulatory, respiratory and central nervous system complications are known to be associated with COVID-19, which, especially for individuals doing sports, may pose an increased risk due to their high levels of physical activity. Based on the resolution of the National Sports Health Institute National Sports Medical Network and the Team Framework Supply Service, we draw attention to the fact that the students / staff participating in sports activities refrain from physical activity, competitive and leisure sports for two to four weeks after being declared as healed; their return to sport should be delayed and gradual and preceded by a complex cardiology examination.

12 October 2020, Budapest

ELTE Epidemiological Operative Coordinating Body